



Free Clinic of Simi Valley 2017 Annual Report

2017 Report from Executive Director, Fred Bauermeister

Alone, we can do so little; together we can do so much.
— Helen Keller

The Free Clinic is more than a nonprofit service center like so many in the community. We provide essential services— medical, dental, legal and counseling— and we proudly say that we provide these services through the generosity of volunteer professionals. But it is more than that. The Free Clinic is a place where professionals come together to give back to the community. It is also a place where community groups and organizations can give back.

A physician can volunteer to see a patient but without the proper diagnostic equipment, laboratory support, treatment plan and follow-up like medications and education, that patient hasn't been helped to the fullest extent possible. At the Free Clinic, the volunteer physician/provider is supported by a wide variety of service clubs that provide funding and equipment. The providers are also supported by Adventist Health with lab work, and local pharmacies with free or low cost medications. Providers are also supported by outside services like repair and maintenance of equipment—everything from hi-tech diagnostic equipment to window air conditioning units. Kaiser Permanente offers physicians and pharmacists that not only provide diagnostic services but education and follow-up as well. The Free Clinic is where the faith community and local businesses offer their time and treasure.

The Free Clinic is a place where future therapists are trained and supervised by highly qualified Marriage and Family Therapists and where local attorneys insure that people's rights and understanding of the law are clear.

The Free Clinic has a small staff that works tirelessly in support of these providers, making certain that everything is ready for them to do their good work and that everyone, both volunteers and patients, are safe.

While this existing level of teamwork is worthy of pride, I would like to ask for even more community support. There are many challenges that the Clinic faces daily and more vexing ones on the horizon. The more notable challenges include the instability of the healthcare market and instability of Free Clinic funding sources (Clinic revenue was down 37.8% vs. 2016). The Free Clinic is seeing more clients below the poverty line (increase of 6.5% vs. 2016) indicating that the Free Clinic continues to serve as the final safety net before the ER. Additionally, over the last 3 years, the Clinic has seen an increase in clients aged 65+ (a whopping 387.9% increase). These clients statistically have more chronic health problems, requiring greater care.

Let's join together, because there is still so much to do.



Free Clinic Staff

Fred Bauermeister
Executive Director

Lupita Gonzalez
Administrator

Olga Lafflito
Dental Clinic Administrator

Sucharitha Aedma
Erica Vargas
Dental Assistants

Jonathan Kurohara, MD
Director of Medical Services

Ean Kleiger, DDS
Director of Dental Services

Kristy Schadt, MFT
Director of Counseling Services

Ronald Whiteman, Esq.
Director of Legal Services

Board of Directors

Maggie Kestly
President

Ron Hyrchuk, MDiv
Past President

John Lindsey, CFP
Vice President

Tracey Young, MD
Secretary

Vincent Dulcich
Treasurer

Mane' Berbel

Don Erickson, Esq.

Kurt Fredrickson, DMin

Kelly Ann Gaines

Jill Haney

Harry VanDyck, CPA

Polly Vlastic, RN

Phyllis Wilson, MFT

Curt Witeby

2017 Highlights

Through the efforts of 160+ volunteers, the Free Clinic had more than 11,300 client contacts with over 4,200 people in 2017. The Clinic remains extremely efficient, delivering these increased services at a cost of \$34.26 per contact. The value of volunteer professional services provided to clients is estimated at almost \$733,000.

Other Highlights:

- On March 1st, the Free Clinic celebrated its 46th Anniversary of providing service to the community of Simi Valley.
- The Free Clinic once again joined with the Ventura County Dental Hygienists Association for Make A Difference Day, a day of free dental services for children. Over 70 children were seen.



- In June, the Clinic celebrated the graduation of 2016/2017 Kaiser Permanente Family Resident Physicians: Dr. Mandy Kao, Dr. Maya Benitez, Dr. Jennifer Carleton-Nathan, Dr. Shahrzad Lalezari, Dr. Teresa Dieu Doan and Dr. Aldric Jones. 2017 was the 10th Anniversary of the Kaiser Permanente / Free Clinic Partnership. Since 2007, over 59 physicians have received training at the Free Clinic through this program.



- Also, in June, the Clinic celebrated the graduation of four Ambulatory Care Pharmacy residents: Dr. Ericka Huckle, Dr. Sanam Farokhi, Dr. Michael De Guia and Dr. Elaine Ngo. To date, there have been 29 Ambulatory Pharmacists certified through the training program in partnership with Kaiser Permanente.



- Debbie Ciulla and Parshaw Barati became licensed Marriage and Family Therapists. To date, 55 Clinic interns have become licensed Marriage and Family Therapists.



- Attending Physician Dr. Heather Washington, handed over the ceremonial hammer to Dr. Teresa Dieu Doan, the new Attending Physician for 2017-2018.





Shining a Light on Depression

After many years of hosting the Tooth Fairy 5K/10K and 1K Kid's Fun Run, in 2017, the Free Clinic shifted the focus of its premiere fundraising event to shine a light on depression awareness. The Free Clinic of Simi Valley, in partnership with Simi Valley Hospital, presented the Fredrick Michael Gibson 5K/10K Run for Depression Awareness and Tooth Fairy 1K Kid's Fun Run and Community Health Expo at the Simi Valley Town Center on Saturday, October 14, 2017.



The event was named for Fredrick Michael Gibson who was lost to depression in 2014. He was the son of Kim and Keith Gibson and brother to Cathryn and Caryn Gibson.

He was the nephew of Karen Finmark, Race Director for the all of the Free Clinic's 5K/10K/1K charity events.



LET'S RACE—Astrid White, right, and her twin sister, Maria, 13, sprint to the finish of the Fredrick Michael Gibson 5K/10K Run for Depression Awareness during the seventh annual Free Clinic of Simi Valley Community Health Expo Oct. 14 at the Simi Valley Town Center.

FINISH LINE—Above, Julie Storry, left, of Simi Valley hugs Maggie Kestly, president of the board of directors of the Free Clinic of Simi Valley, after finishing her run. At left, Amanda Deeds, left, of Simi Valley holds her 3-year-old daughter, Aubrie, as her other daughter, Brianne, 5, holds hands with Kestly while running in the Tooth Fairy 1K Kids Fun Run.

Friends of the Free Clinic

(as of December 2017)

\$20,000+

Blue Shield of California Foundation
CVS Health Foundation



\$10,000-\$19,999

Delta Dental Community Care Foundation
Livingston Memorial Foundation
Miss World Limited
Rotary Club of Simi Valley
Wilson Family Foundation

\$5,000-\$9,999

Kaiser Permanente Foundation Health Plan
Mass Media Games, Inc.
Mid Valley Properties
Rotary Club of Simi Sunrise
City of Simi Valley
Swift Memorial Healthcare Foundation

\$1,000-\$4,999

AllerClean Pest Control
Avalon Property Services, Inc.
Century 21 Troop Real Estate
City Auto Body
Evangelical Covenant Church of Simi Valley
Fred Bauermeister & Becca Merrell
Mané & Daniel Berbel
Kelly & Debbie Ciulla
Vince & Betsy Dulcich
Kurt & Kristi Fredrickson
Steven Fusselman
Gold Coast Health Plan
Don & Lois Hoffman
Ron & Linda Hyrchuk
Erica Y. Kang
Stephanie & Fritz Lauer
Mark & Julie Leekley
Lindsey Family Foundation for the MSC
Blair Lonergan
Timothy & Anneke Meicher
Milgard Windows & Doors
Mount Sinai Memorial Parks & Mortuaries

Nicolette & Anthony Muñoz
William Parks
Renyer Family Trust
Rotary Club of Simi Sunset
Simi Valley Community Foundation
Gary & Alice Smith
Smart & Final Charitable Foundation
South Coast Paving
United Methodist Church
Harry & Marilyn VanDyck
Ventura County Dental Hygienists Association
Ventura Orthopedics
Polly & Vincent Vlasic

In-Kind Gifts Over \$1,000

Michael P. Fischer, CPA
Kaiser Permanente
Simi Valley Hospital
Simi Valley Unified School District

Service Statistics

<u>VISIT TYPE</u>	<u>CONTACTS</u>	
MEDICAL	6,743	59.3%
COUNSELING	1,764	15.5%
DENTAL	2,848	25.1%
LEGAL	75	0.1%
TOTAL	11,362	100.0%
TOTAL CLIENTS	4,263	

<u>GENDER</u>	<u>CLIENTS</u>	
MALE	1,883	44.2%
FEMALE	2,380	55.8%
TOTAL CLIENTS	4,263	100.0%

<u>POVERTY LEVEL*</u>	<u>CLIENTS</u>	
Under 100%	2,936	68.9%
100-138%	885	20.8%
139-200%	442	10.3%
201-400%	0	0.0%
Unknown	0	0.0%
TOTAL CLIENTS	4,263	100.0%

*Federal Family of 4 HHI of < \$24,600

<u>LANGUAGE</u>	<u>CLIENTS</u>	
ENGLISH	2,089	49.0%
NON-ENGLISH	2,174	51.0%
TOTAL CLIENTS	4,263	100.0%

Primary Non-English Language is Spanish

<u>AGES</u>	<u>CLIENTS</u>	
<1 YEAR	16	0.3%
1-4 YEARS	69	1.6%
5-12 YEARS	136	3.2%
13-14 YEARS	52	1.2%
15-19 YEARS	68	1.6%
20-34 YEARS	618	14.5%
35-44 YEARS	677	15.9%
45-64 YEARS	1,944	45.6%
65 & OVER	6,83	16.1%
TOTAL CLIENTS	4,263	100.0%

<u>RACE</u>	<u>CLIENTS</u>	
WHITE (INCLUDE HISPANIC)	3,472	81.5%
BLACK	71	1.7%
NATIVE AMERICAN/ALASKAN NATIVE	7	0.1%
ASIAN/PACIFIC ISLANDER	211	4.9%
MORE THAN ONE RACE	0	0.0%
OTHER/UNKNOWN	502	11.8%
TOTAL CLIENTS	4,263	100.0%

<u>ETHNICITY</u>	<u>CLIENTS</u>	
HISPANIC	2,171	50.9%
NON-HISPANIC	1,536	36.0%
UNKNOWN	561	31.1%
TOTAL CLIENTS	4,263	100.0%

Key Insights:

- Revenue decreased 37.8% (2017 vs. 2016), while at the same time Expenses increased 3.6%.
- Patients below the Poverty line increased 6.5% (2017 vs. 2016)
- Patients aged 45+ increased 11.4% (2017 vs. 2016)
- Patients aged 65+ increased 387.9% (2017 vs. 2014)

Our Services

MEDICAL

- Primary Medical Services
- Pharmacist Ambulatory Care Program
- Children's Immunization Program
- Family Smoking Cessation Program
- Chiropractic Care
- Medical Education
- Acupuncture
- TB Skin Tests
- Community Flu Shot Clinics
- Licensed Pharmacy

DENTAL

- Examinations
- X-Rays
- Simple Extractions
- Fillings
- Partial and Full Dentures
- Teeth Cleaning
- Fluoride treatment for Children 0-5

COUNSELING

Counseling in the areas including:

- Family Communication
- Depression & Anxiety
- Healthy Relationships
- Play Therapy for Children

LEGAL

Legal counsel in areas including:

- Family Law
- Landlord/Tenant Disputes
- Individual Rights
- Bankruptcy

Mission

The mission of the Free Clinic of Simi Valley is to provide medical care, counseling, dental and legal assistance to individuals and families in need, regardless of their ability to pay.

Statement of Financial Activities

Revenue

Patient Donations	\$117,177
General Donations	\$73,604
Fundraisers	\$71,954
Grants	\$90,824
Interest	\$482
Income Adjustment*	(\$150,000)
TOTAL	\$204,041

* Foster Family Foundation Reimbursement

Expenses

Services	\$183,318
Rent Expenses	\$25,360
Professional Fees	\$54,505
Fundraising Expenses	\$34,825
Insurance	\$8,417
Medical & Dental Clinic Expenses	\$19,666
Administration	\$44,883
Digital Medical Records	\$4,650
Marketing / Advertising	\$2,152
Taxes	\$13,838
TOTAL	\$391,614

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