

Free Clinic of Simi Valley



Alone we can do so little; together we can do so much.
- Helen Keller



ANNUAL REPORT 2018

2018 Report from Executive Director, Fred Bauermeister



*"We rise by lifting others."
--Robert Ingersoll*

The history of the Free Clinic has been full of ups and downs, I suppose like life in general. With the collapse of the Under One Roof (UOR) project, 2018 was focused on recovery, resolve and resolution.

The Board of Directors of the Free Clinic needs to be commended and appreciated for their dedication to the creation of the new Multi Services Center (MSC). This Board has persevered, even while having experienced personal financial loss for their individual investments in the UOR project, plus dealing with the fallout from the loss of funds entrusted to the Free Clinic by valued donors.

They rallied their friends and families, asking them to stand with them as the Clinic launched this new project. They did this freely without personal benefit, but for the common belief that the project will benefit the whole community. Their effort helped us recover from what could have been an agency ending disaster.

The Board committed to a capital campaign to raise the \$1.5M needed to buildout the MSC (the County of Ventura is leasing the building to the Clinic for \$1 per year) to accommodate the Free Clinic and several other nonprofit organizations. Based on that commitment, Kaiser Permanente National Facilities Services (NFC) brought in architects and planners to assist with the layout of the floor plan for the new MSC. The connection with Kaiser led us to the architectural firm Perkins+Will, which is donating their services as the architects of record for the project.

While the Board remained focused on the capital campaign, the volunteers of the Free Clinic continued to provide basic health and social services to members of the community in need. Kaiser Permanente and Adventist Health brought their significant support together to provide medical services for 2,818 patients in 2018. Our counselors, attorneys and dentists also continued to provide their traditional quality care.

The Free Clinic of Simi Valley has for 47 years provided important primary services to those in need, despite any outside distractions. We are resolved to complete the capital campaign and create a new home for the Free Clinic and other community organizations, to come together to provide important services to those in need. We are "Paving a New Path for the Future."

Fred Bauermeister

A handwritten signature in black ink, appearing to read 'FBA', written in a cursive style.

Free Clinic Staff

Fred Bauermeister
Executive Director

Lupita Gonzalez
Administrator

Olga Lafflitto
Dental Clinic Administrator

Michelle Peneda
Dental Assistant

Jonathan Kurohara, MD
Director of Medical Services

Charlie Frederick
Medical Assistant

Ean Kleiger, DDS
Director of Dental Services

Kristy Schadt, MFT
Director of Counseling Services

Ronald Whiteman, Esq.
Director of Legal Services

Board of Directors

Maggie Kestly
President

Harry VanDyck
Past President

Jill Haney
Vice President

John Lindsey
Secretary

Vince Dulcich
Treasurer

B.J. Anderson

Mane Berbel

Syliva Fowler, M.D.

Kelly Ann Gaines

Katherine Hillard

Polly Vlastic, RN

Phyllis Wilson, MFT

Curt Witeby

Tracey Young, M.D.

2018 Highlights

In 2018, with the help of 141 volunteers, which included physicians, pharmacists, medical assistants, nurses, phlebotomists, dentists, hygienists, dental assistants, attorneys, MFT interns and MFT supervisors; the Free Clinic continued its proud record of helping the community; facilitating 10,573 client contacts and serving 2,818 clients. Our volunteer service value totaled \$702,948, which averaged roughly \$58,600 per month. Revenue (compared to 2017) increased by 144%, and expenses for the year increased 38%.

Make a Difference Award



In January the Center for Spiritual Living honored the Free Clinic with the Bea Thompson "Make a Difference Award." Executive Director, Fred Bauermeister graciously accepted the award at the special evening filled with giving and fun.

Our Anniversary



The Free Clinic reached a major milestone on March 1st – 47 Years. The photo above is the original location for the Clinic when it opened in 1971. The first year – 1200 patients were served; the number of those served over the last 47 years has surpassed 450,000.

Dental Program

Once again the Free Clinic participated in the Ventura County Dental Hygiene Association's Make a Difference Day. Forty one dental professionals and 24 college dental students volunteered and provided various dental services for roughly 50 children.



The Free Clinic is now the proud owner of an Oral C-T Scanner valued at \$85,000. This state-of-the-art equipment was a generous donation from Gendex. The scanner will allow dentists to create 3-D images for more accurate extractions.

Passing of the Hammer



The tradition continues – the ceremonial "Passing of the Hammer." Attending physician Dr. Teresa Dieu Doan did the honors and passed the reflex hammer to the new attending physician Dr. Tafet for 2018-2019.

Thank You



The Free Clinic is so grateful for the support from the community. In December 2018, the Clinic was awarded proceeds from two special community events. Thank You to United Methodist Church

of Simi Valley. The church held a phenomenal choir concert titled Rhapsody in Blue Grass. The choir was accompanied by a blue grass band and Pastor Andy Mattick was the narrator. Over \$5,000 was raised for the Free Clinic of Simi.

Thank You to former County of Ventura County Supervisor Peter Foy. A Tribute Dinner was held in recognition of Supervisor Foy's public service at the Ronald Reagan Library. The event raised over \$80,000, which was donated to Free Clinic.



Second Annual
Fredrick Michael Gibson
5K/10K Run
for Depression Awareness



In 2018, the Free Clinic once again hosted the Fredrick Michael Gibson 5K/10K Run for Depression Awareness. Depression is the leading cause of disability in the U.S. for ages 15 to 44; affecting more than 1.6 million American adults, or about 6.7% of the U.S. population age 18 or older in any given year. The Free Clinic's primary goal is to promote a healthy community and committed to focusing on the mental health issue because it is rapidly becoming more prevalent in our society.



Running enthusiasts from across Ventura and Los Angeles counties came out in full force to support this worthy cause, helping to make the event a huge success. The run was part of the Clinic's 8th annual Health Expo, in partnership with Adventist Health Simi Valley, which included an array of medical

screenings, vendors, fitness demonstrations, Rams Football cheerleaders, a cushy sofa for virtual runners and the popular Tooth Fairy 1K Kid's Fun Run.



Friends of the Free Clinic

\$20,000 +

CVS Foundation
Livingston Memorial Foundation
MidValley Properties
Ventura County Community Foundation

\$10,000 - \$19,000

City of Simi Valley
Delta Dental Community Care Foundation
Fringe Element, Inc.
MFUG Union Bank

\$5,000 - \$9,999

Adventist Health Simi Valley
Betsy & Vince Dulcich
John & Karen Lindsey
Denise Ludwig
Mahan Ranch
Richard & Kathleen Parkinson
Gerald & Eva Renyer
Rotary Club of Simi Valley, CA
Rotary Club of Simi Sunrise
Swift Memorial Foundation
United Methodist Church, Simi Valley
Charles & Phyllis Wilson

\$1,000 - \$4,999

Aera Energy LLC
Agromin
AllerClean
Ken & BJ Anderson
Suzanne Assadollahzadeh
Sharon Austel
Ken Basson
Fred Bauermeister & Becca Merrell
Mane' & Daniel Berbel
Brown Foundation
California Resources Corporation
Calvary Chapel of Thousand Oaks
Kelly & Debbie Ciulla
Cornwall Security Services
Mary & Peter DiVincenzo
Peter & Tara Foy
Stephen Foy
Steven Fusselman
Dan & Cathy Gesell

P.W. Gillibrand Co., Inc.
Grimes Rock, Inc.
Gene Haas Foundation
E.J. Harrison & Sons, Inc.
HighPoint Private Client Management, Inc.
Donald & Lois Hoffman
Huron
Linda & Ron Hyrchuk
Erica & Meen Kang
Susan Klinedinst
Stephanie & Fritz Lauer
Mark & Julie Leekley
Blair Lonergan
Anneke & Timothy Meicher
Paul & Julie Miccolis
Kim Milstien
Mount Sinai Memorial Parks & Mortuaries
William Parks
PixL Entertainment, Inc.
Rochelle Romero
Rolls Scaffold
Rotary Club of Simi Sunset
David & Peggy Sadler
Mike Sedell
South Coast Paving, Inc.
Swink Enterprises, Inc.
UCLA
Harry & Marilyn VanDyck
Ventura County Dental Hygienists Association
Ventura County Economic Development Association
Ventura County Taxpayers Association
Ventura Orthopedics
Polly & Vincent Vlasic
Waste Management
Western States Petroleum Association
Michael J. White, CPA

In-Kind Gifts Over \$1,000

Crunch Fitness
Michael P. Fischer, PCA
Barbara Glodfelty
Joseph Grinstead Electric
Kaiser Permanente
Kreate Ink
Nicolette Munoz
99.1 The Ranch
Simi Valley Unified School District

Community Volunteer of the Year

Karen Finmark Recognized as the Community Volunteer of the Year by the Simi Valley Chamber of Commerce.

The Free Clinic is proud to congratulate Karen Finmark on being named Community Volunteer of the Year. This honor was given to Karen by the Simi Valley Chamber of Commerce for her commitment and service in the community. She was formally recognized at a special dinner in January 2018. Karen has served as the director for the Clinic's annual Tooth Fairy Run for the last six years and the 5K/10K Run named for her nephew Fredrick Michael Gibson for the last two years. It is because of Karen's drive and passion that this event continues to grow.



Service Statistics

Visit Type	Contacts		Ages	Clients	
Medical	5,049	47.7%	1 Year	8	0.3%
Counseling	2,295	21.7%	1-4 Years	45	1.6%
Dental	2,869	27.1%	5-12 Years	90	3.2%
Legal	370	3.5%	13-14 Years	34	1.2%
Total	10,573	100%	15-19 Years	45	1.6%
Total Clients	2,818		20-34 Years	408	14.5%
			35-44 Years	448	15.9%
Gender	Clients		45-64 Years	1,285	45.6%
Male	1,212	42.1%	65 and over Years	455	16.1%
Female	1,606	57%	Total Clients	2,818	100%
Total Clients	2,818	100%			
			Race	Clients	
Poverty Level	Clients		White (Includes Hispanic)	2,252	79.9%
Under 100%	262	9.2%	Black	29	1.03%
100-138%	99	3.5%	Native American & Alaskan	16	.56%
139-200%	70	2.5%	Asian/Pacific Islander	144	5.1%
201-400%	76	2.7%	More Than One Race	0	0.0%
Unknown	2,311	81.9%	Other/Unknown	377	13.4%
Total Clients	2,818	100%	Total Clients	2,818	100%
			Ethnicity	Clients	
Language	Clients		Hispanic	1,468	52.10%
English	1,381	49%	Non-Hispanic	1,333	33.7%
Non-English	1,437	51%	Unknown	17	.60%
Total Clients	2,818	100%	Total Clients	2,818	100%

*Federal Family of 4 HHI of ≤\$24,000

Primary Non-English Language is Spanish

Key Insights

- Revenue increased 144% (2018 versus 2017), while at the same time expenses increased 38%
- Patients below the poverty line (in 2018 82% of patients poverty level was unknown)
- Patients ages 45 and over decreased by 34% (2018 versus 2017)
- Patients ages 65 and over increased by 50% (2018 versus 2017)

Our Services

Medical

Primary Medical Services
Pharmacist Ambulatory Care Program
Children's Immunization Program
Family Smoking Cessation Program
Chiropractic Care
Medical Education
Acupuncture
TB Skin Tests
Community Flu Shot Clinics
Licensed Pharmacy

Dental

Examinations
X-Rays
Simple Extractions
Fillings
Partial & Full Dentures
Teeth Cleaning
Fluoride treatment for Children 0-5

Counseling

Counseling is administered in the following areas:
Family Communication
Depression & Anxiety
Healthy Relationships
Play Therapy for Children

Legal

Legal counsel in the following areas:
Family Law
Landlord/Tenant Disputes
Individual Rights
Bankruptcy

Our Mission

To provide medical care, counseling, dental and legal assistance to individuals and families in need, regardless of their ability to pay.

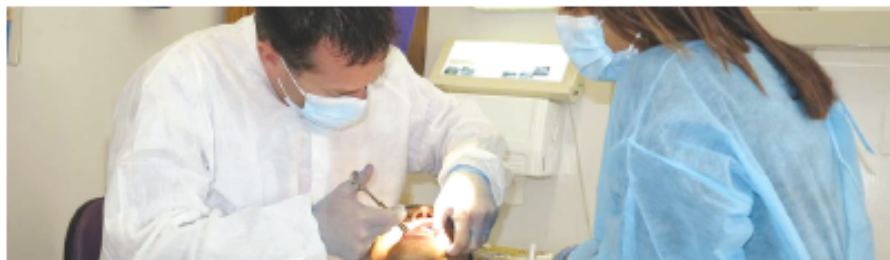
Statement of Financial Activities

Revenue

Patient Donations	\$122,046
General Donations	\$131,761
Fundraisers	\$161,545
Grants	\$83,093
Interest	\$386
Total	\$498,831

Expenses

Services	\$172,079
Rent	\$24,793
Professional Fees	\$63,110
Fundraising	\$38,578
Insurance	\$10,135
Medical and Dental	\$17,779
Administration	\$68,268
Digital Medical Records	\$3,720
Marketing/Advertising	\$1,650
Taxes	\$15,417
MSC Expenses & Equipment	\$124,181
Total	\$539,704



Free Clinic of Simi Valley

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