

Because You Said

**ANNUAL
REPORT
2019**



YES



**Free Clinic
of Simi Valley**



Because You Said YES!

2019 was a year of amazing highlights for the Free Clinic of Simi Valley. It was a year of YES from our donors, supporters, partners, and volunteers. And, "Because You Said Yes," the Free Clinic was able to continue serving the community, facilitating 10,995 client visits, serving 2,494 total unique distinct patients and 1,411 new unique patients. Revenue (compared to 2018) increased by 100.67 percent with expenses increasing by only 2.094 percent.

It takes a village to run the Clinic and our village is made up of dedicated community volunteers, volunteer physicians, medical assistants, nurses, pharmacists, dentists, hygienists, dental assistants, attorneys, psychotherapy interns, trainees and supervisors and phlebotomists.

We Celebrated 48 Years - 1971-2019

On March 1, the Free Clinic celebrated a milestone – 48 years. To mark the occasion, executive director, Fred Bauermeister was presented with a U.S. Flag from California Senator Diane Feinstein that was flown over the U.S. Capitol on the anniversary date. Over the last 48 years, the Clinic has thrived and has served some 460,000 clients, in some instances providing lifesaving care. Operating out of two small buildings, it has managed to consistently provide the community with medical, dental, legal, and counseling services. Additionally, the Clinic has partnered with hospitals, such as Kaiser Permanente and UCLA, serving as a training site for future physicians, therapists, and pharmacists.



Dental Program

The Free Clinic once again partnered with the Ventura County Dental Hygienists Association to host Make a Difference Day.



This event provided free dental care for children 12 years and under; treatment included dental exams, fluoride treatments, dental cleanings, and dental education. Patients were treated by volunteer dentists, dental hygienists, and college dental students. Approximately 80 children were served.

Other highlights – the Dental Clinic was gifted five new dental chairs, which will fit nicely in the new dental clinic in the Free Clinic of Simi Valley Multi Services Center. The chairs were a donation from Oxnard College Dental Program.

Passing Of The Hammer



Each year the Free Clinic celebrates its outgoing and incoming attending physician with a ceremonial event called the "Passing of the Hammer." In 2019, outgoing attending physician Dr. Tafet (on the left) continued this treasured tradition, passing

the reflex hammer to the attending physician for 2019-2020, Dr. Amarachi Okoro (on the right). Congratulations to both for their dedication to serving those in need.

YES! YES! YES!

They Said YES!

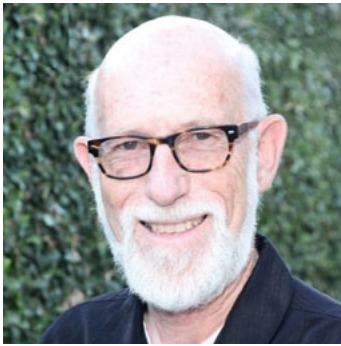
In 2019, the Free Clinic's grant writing team was busy and successful, resulting in awarded grants totaling \$325,898.00. Grants ranged from \$1,000 to \$250,000. Thank you to the following donors for saying YES.

The California Wellness Foundation	\$250,000
Livingston Memorial Foundation	\$25,000
Conrad N. Hilton Foundation	\$16,000
The Annenberg Foundation	\$15,000
Delta Dental Community Care Foundation	\$15,000
Swift Memorial Foundation	\$7,000
Walmart	\$1,000

The generosity and support of these donors is validation that the work of the Free Clinic is vital in serving the most vulnerable citizens in the community.



Because You Said YES!



“Volunteers do not necessarily have the time; they just have the heart.”
--Elizabeth Andrew

NO is such a powerful and final word. It is a cliff with no turn around, it is the dead end. At the Free Clinic, I have heard the word NO more times than I can count.

Thankfully, for every NO – there has been a YES. The Free Clinic is still here, after 48 years, providing valuable services to those in need, because of the people who said YES!

Physicians like Jonathan Kurohara, Daniel Takeda, Michael Tran, Janice Schilling, Lorainne Jordan and Tracey Young all said YES, I would be happy to volunteer. By saying YES, these physicians provided important medical care to folks in the community unable to afford these services. They provided services for such healthcare issues as diabetes, hypertension and high cholesterol. By providing this care people were able to return to work, school and their lives.

When dentists like Ean Kleiger, Jim Hoehn, and Mihir Shah said YES, patients received basic dental care including x-rays, extractions, fillings and dentures. Because they said YES, smiles were restored, and people were relieved of pain.

When Karen Finmark said YES to chairing our annual Fredrick Michael Gibson Run for Depression Awareness, we were successful in raising needed funds to support our volunteer providers. In 2019, on October 12th roughly 300 runners participated in the annual run and said YES, I want to support the Free Clinic.

Because Kaiser Permanente said YES to sending their family practice resident physicians to provide services and Adventist Health said YES to providing basic laboratory services and supplies, we fulfilled an important need to fill the gap left by those without insurance and money.

Because Maggie Kestly said YES to serving as our Board President and Jill Haney agreed to serve as Vice-President and Chair of our capital campaign for the Free Clinic of Simi Valley Multi Services Center, and because dozens of people said YES to serving on a committee or working group, we were able to build a path to create a new home for the Free Clinic and eventually approximately a dozen other non-profit organizations.

Because many therapists and professional supervisors said YES, individuals and families having difficulties are able to receive the mental health support and care they need.

Because over 160 individuals said YES, the Free Clinic facilitated 10,955 client visits in 2019; providing medical, dental, counseling, and legal aid.

Thank you to everyone who said YES. Thanks for providing care, supporting our run, repairing our computers, donating services or supplies and for being a Friend of the Free Clinic.

Thank you for simply saying YES!



Fred Bauermeister
Executive Director, Free Clinic of Simi Valley

Free Clinic Staff

Fred Bauermeister
Executive Director

Lupita Gonzalez
Administrator

Olga Lafflitto
Dental Clinic Administrator

Jasmine Dorado-Guerrero
Dental Assistant

Jonathan Kurohara, MD
Director of Medical Services

Charlie Frederick
Medical Assistant

Ean Kleiger, DDS
Director of Dental Services

Kristy Schadt, MFT
Director of Counseling Services

Ronald Whiteman, Esq.
Director of Legal Services

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Honorary

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**Third Annual
Fredrick Michael Gibson
5K/10K Run
for Depression Awareness**



For the third year in a row, the Free Clinic hosted the Fredrick Michael Gibson 5K/10K Run for Depression Awareness. Hundreds of runners from Ventura and Los Angeles counties participated in the run, helping to bring light to a topic that is typically whispered about. With this annual run, the Clinic's goal is to give a voice to those who suffer from depression in silence. There were single runners, runners in pairs and groups, and of course runners



with their four-legged companions; ranging in age from two to twenty to fifty and over. And, for those who chose to run virtually, a nice cushiony sofa was provided so they too could be part of the fun. Every runner received a beautiful medal and the opportunity to have their photo taken with Rams cheerleaders.

The 5K/10K Run was part of the Free Clinic's 9th Annual Community Health Expo, which included medical screenings, free flu shots, various vendors, fitness demonstrations, and amazing raffle prizes.

Depression continues to be the leading cause of disability in the U.S. among those between the ages of 15 to 44, which is why the Clinic is committed to focusing on this mental health issue.

Because you said YES ... the 2019 Frederick Michael Gibson 5K/10K Run for Depression Awareness was a huge success ... raising funds for the Free Clinic and building greater awareness about depression.

Friends of the Free Clinic

\$20,000 +

- City of Simi Valley
- Livingston Memorial Foundation
- State of California
- The California Wellness Foundation

\$10,000 - \$19,999

- Conrad N. Hilton Foundation
- Delta Dental Community Care Foundation
- Allan & Johanna Jacobs
- Kaiser Foundation Health Plan Inc.
- Jonathan Kurohara, M.D. & Lisa Oki, M.D.
- Mid Valley Properties
- The Annenberg Foundation

\$5,000 - \$9,999

- Adventist Health Simi Valley
- Sharon R. Austel
- Fred Bauermeister & Becca Merrell
- Huron Consulting Group
- John & Karen Lindsey
- Eva Sue Renyer
- Swift Memorial Healthcare Foundation
- Harry & Marilyn VanDyck
- Waste Management

\$1,000 - \$4,999

- Bruce Adams & Sylvia Fowler, M.D.
- AirWorks Solutions
- AllerClean Pest Control Services
- Ken & BJ Anderson
- Suzanne Assadollahzadeh
- Lynda Belmonte
- Mane' & Daniel Berbel
- Brown Foundation
- Center for Spiritual Living Simi Valley
- Debbie & Kelly Ciulla
- Mary & Peter DiVincenzo
- Betsy & Vince Dulcich
- Thomas & Barbara Fabrizio
- Richard & Patricia Farmer
- Mike & Carol Fischer
- Donald & Lois Hoffman
- Margaret "Maggie" Kestly & Joe Grinstead
- John & Susan Klinedinst
- Thomas Kudlick

- Stephanie & Fritz Lauer
- Mark & Julie Leekley
- Blair Lonergan
- Denise Ludwig
- Allan & Antoinette Mann
- Milgard Manufacturing, Inc.
- Timothy & Anneke Meicher
- Jeff Morris
- MUFG Union Bank
- Nicolette & Tony Muñoz
- William Parks
- Adriana Parsons
- Robertson's Concrete
- Rotary Club of Simi, California
- Rotary Club of Simi Sunset
- Gary & Alice Smith
- South Coast Paving, Inc.
- Tessa Sonja Stecker, M.D.
- Supercuts
- Swink Enterprises, Inc.
- Brian Troop
- UCLA Health
- United Methodist Church, Simi Valley
- Ventura County Dental Hygienists Assn.
- Ventura Orthopedics
- Polly & Vincent Vlastic
- Walmart
- Charles & Phyllis Wilson
- Curt Witeby

In-Kind Gifts Over \$1,000

- Adventist Health Simi Valley
- County of Ventura
- GP Architecture
- Kaiser Permanente
- Michael P. Fischer, CPA
- Nicolette A. Muñoz Consulting
- 99.1 The Ranch
- Parker Brown Inc.
- Perkins + Will
- Simi Valley Town Center
- Simi Valley Unified School District

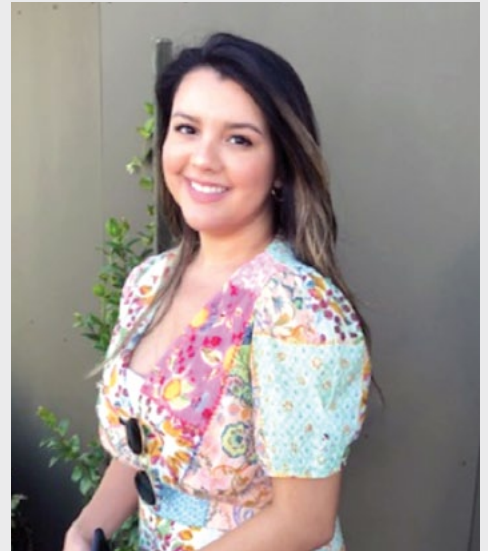


Say Hello to the Future

Dr. Melissa Gonzalez

The Free Clinic is so proud to announce that Melissa Gonzalez was accepted into the University of Southern California (USC) Medical School. Melissa grew up at the Free Clinic ... she was at her mother's side while she worked at the clinic starting in elementary school. She officially became a volunteer at age 16 and continued to volunteer throughout high school and college.

Congratulations Melissa ... We can't wait to call you Doctor.



Service Statistics

Visit Type	Contacts	
Medical	5,220	47.6%
Counseling	3,067	28.0%
Dental	2,457	22.4%
Legal	211	2.0%
Total Clients	10,955	100%

Gender	Clients	
Male	1,129	45.27%
Female	1,365	54.73%
Total Clients	2,494	100%

Poverty Level	Clients	
Under 100%	243	9.7%
100-138%	80	3.2%
139-200%	59	2.4%
201-400%	83	3.3%
Unknown	2,029	81.5%
Total Clients	2,494	100%

**Federal Family of 4 HHI of ≤\$24,000*

Language	Clients	
English	922	37%
Non-English	1,572	63%
Total Clients	2,494	100%

Primary Non-English Language is Spanish

Ages	Clients	
1 Year	12	.57%
1-4 Years	51	1.0%
5-12 Years	73	2.9%
13-14 Years	32	1.3%
15-19 Years	61	2.4%
20-34 Years	401	16.1%
35-44 Years	412	16.5%
45-64 Years	1,122	45.0%
65 and over Years	330	13.23%
Total Clients	2,494	100%

Race	Clients	
White (Includes Hispanic)	1,610	64.55%
Black	31	1.24%
Native American & Alaskan		
Asian/Pacific Islander	144	5.77%
Other/Unknown	709	28.43%
Total Clients	2,494	100%

Ethnicity	Clients	
Hispanic	1,065	42.7%
Non-Hispanic	673	27.0%
Unknown	756	30.3%
Total Clients	2,494	100%

*"It is health that is real wealth and not pieces of gold and silver."
Mahatma Gandhi*



Our Services

Medical

Primary Medical Services
Pharmacist Ambulatory Care
Program
Children's Immunization
Program
Family Smoking Cessation
Program
Chiropractic Care
Medical Education
Acupuncture
TB Skin Tests
Community Flu Shot Clinics
Licensed Pharmacy

Dental

Examinations
X-Rays
Simple Extractions
Fillings
Partial & Full Dentures
Teeth Cleaning
Fluoride treatment for
Children 0-5

Counseling

Counseling is administered
in the following areas:
Family Communication
Depression & Anxiety
Healthy Relationships
Play Therapy for Children

Legal

Legal counsel in the following areas:
Family Law
Landlord/Tenant Disputes
Individual Rights
Bankruptcy

Our Mission

To provide medical care, counseling, dental and legal assistance to individuals and families in need, regardless of their ability to pay.

Statement of Financial Activities

Revenue

Patient Donations	\$119,674
General Donations	\$81,925
Fundraisers	\$84,574
Grants	\$325,898
MSC Income	\$897,751
Interest	\$149
Total	\$1,509,971

Expenses

Services	\$177,785
Rent	\$27,388
Professional Fees	\$64,435
Fundraising	\$25,606
Insurance	\$9,324
Medical and Dental	\$20,240
Administration	\$69,856
Digital Medical Records	\$3,725
Taxes	\$16,398
MSC Expenses & Equipment	\$136,366
Total	\$551,123



Free Clinic of Simi Valley

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