

# Volunteers Make It Possible

In 2021, the Free Clinic of Simi Valley celebrated a major milestone – 50 years. The Clinic continues to be a resource for those underinsured or without insurance in need of medical, dental, and counseling services, as well as legal services. Over the last 50 years, the Free Clinic has been able to



provide these services without interruption, despite national and global crises, such as the economic crash of 2008 and the COVID 19 pandemic.

The year 2021 was a year of great achievements for the Free Clinic of Simi Valley. Our success was made possible by the support and dedication of countless individuals that gave of their time, talent, and treasure.

Together, here is what we accomplished:

- Successful completion of the requirements for licensure by the State of California.
- Installation of new Directors of Medical and Counseling Services.
- The launch of our Ophthalmology Program with Dr. Karlin serving as Director of Ophthalmology Services.
- · Transition to a new grant writer.
- Completion of the first phase of the Buy a Brick campaign and the installation of the Donor Plaza.
- Increased our social media presence.
- Installation of new phone and computer systems.
- Resumed our Counseling Program safely back on site after more than a year of working remotely.
- Held a successful Board Retreat.
- Upgraded the HVAC system, making it safer for patients.
- Finalized our partnership with the Herman Ostrow School of Dentistry of USC.
- Onboarded two new staff members, Beverly Miramontes, Administrator and Claudia Mansur. Dental Assistant.
- Held a successful fourth annual Fredrick Michael Gibson Run for Depression Awareness in a new location.
- Welcomed new tenants to the Multi Services Center, including Coalition for Family Harmony, GiGi's Playhouse, Sarah's House, and For The Need Foundation.
- Provided over 8,200 patient services, sightly up from 2020.
- Launched our new website.
- · Conducted numerous tours for individuals and groups of our new Center.
- Added a virtual physician AGNES to our team.
- Partnered with the State of California to provide COVID Testing every Thursday in our parking lot.
- Expanded our partnership with Adventist Health.

I just want to take a moment to congratulate YOU the volunteer, for your commitment to the Free Clinic of Simi Valley in 2021.

To each of you – I say Thank You for your service!

Gred Bauermeister

Executive Director, Free Clinic of Simi Valley

## Free Clinic Staff

Fred Bauermeister
Executive Director

Beverly Miramontes

Administrator

Venezia Garcia Assistant Administrator

Olga Lafflitto Dental Clinic Administrator

Claudia Mansur Dental Assistant

Tracey Young, MD Director of Medical Services

Ean Kleiger, DDS

Director of Dental Services

David Karlin, MD Director of Ophthalmology Services

Mary Ann Lovegren, LMFT Director of Counseling Services

Ronald Whiteman, Esq. Director of Legal Services

## **Board of Directors**

Jill Haney President

Maggie Kestly
Past President
Vince Dulchich

Vice President B.J. Anderson Secretary

Kelly Gaines Treasurer

Syliva Fowler, MD
Katherine Hillard
Maggie Kestly
Tom Kudlick
Jonathan Kurohara, MD
John Lindsey
Harry VanDyck
Polly Vlasic, RN
Phyllis Wilson, LMFT
Curt Witeby

# Honorary

Ron Hyrchuk

# We Celebrated 50 Years







In 2021, the Free Clinic of Simi Valley reached an amazing milestone, 50 years of service. When we opened our doors in 1971, we operated with a bare minimum staff and volunteers. Over the past 50 years that staff has grown to five and we've expanded significantly in the services we provide as well as our staff and volunteers.

As we reflect on the last year, we want to acknowledge our volunteers, then and now, for their continued support. They include physicians, dentists and dental assistants, dental students, marriage and family therapists, therapist trainees and associates, nurses, pharmacists and pharmacy students, attorneys, physical therapists, chiropractors, an opthamologist, and community members. With the

help of these volunteers year after year, the foundation of the Free Clinic of Simi Valley is solid.

Thanks to our staff and volunteers, 2021 was a year of great of achievements, some of which are highlighted in this Annual Report.



## **Donor Plaza Dedication**

On a rainy night in December 2021, the Donor Plaza in the Courtyard was officially dedicated.

Supporters who purchased commemorative bricks braved the elements to participate in the dedication ceremony. A special thank you to Joanne and Gary Seaton for sponsoring the Plaza.



# Changing Of The Guard



Dr. Kurohara (left) and Dr. Young (right).

We said goodbye to Dr.
Jonathan Kurohara as our
longtime Medical Director.
Dr. Kurohara served as
Director for more than 30
years. He has passed the
baton into the capable hands
of Dr. Tracey Young.
Dr. Young is a family physician
and graduate of the George
Washington University School
of Medicine, and has been
a volunteer at the clinic for
many years.

Dr. Kurohara traded in one hat for another one ... he is now serving on the Board of Directors for the Free Clinic.

# Frederick Michael Gibson 5K/10K Run for Depression Awareness Gets a New Location



Runners were out in full force for the fourth annual Frederick Michael Gibson 5K/10K Run for Depression Awareness. It was the first in-person run since COVID and was held in a new location at the Rancho Simi Community Park (aka Duck Park). The course was suitable for all level runners -- flat, fast, and scenic. Waiting for runners at the end of their run, a free pancake breakfast courtesy of the Simi Valley Family YMCA Y's Men. All proceeds benefited the Free Clinic's Counseling Program.

# **Covid 19 Testing Site**

administered a limited number of COVID vaccines.

The State of California selected the Free Clinic as a COVID 19 testing site. Testing was conducted in the front parking lot on Thursdays from 9:00 a.m. to 6:00 p.m. Additionally, the Clinic



## **Service Statistics**

Visit Type		
Medical	3,922	48%
Counseling	1,001	12%
Dental	2,625	32%
Legal	688	8%
Legui	000	0,0
<b>Total Patient Services</b>	8,236	100%
Gender		
Male	751	44%
Female	950	54%
Decline to comment	24	2%
Total Individual Clients	1,725	100%
Poverty Level		
Under 100%	397	23%
100-138%	47	4%
139-200%	33	2%
Above 200%	39	2%
Unknown	1,209	69%
Total Individual Clients	1,725	100%
Language		
English	828	48%
Non-English*	897	52%
Total Individual Clients	1,725	100%
*Primary Non-English Langua	ae is Spanish	
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Ages		
0-18	429	24%
18-64	959	56%
64 years +	337	20%
Total Individual Clients	1,725	100%
Race		
White (Includes Hispanic)	1,051	61%
Black	27	2%
Native American & Alaskan	2	0%
Asian/Pacific Islander	79	5%
Other/Unknown	566	32%
Total Individual Clients	1,725	100%
Ethnicity		
Hispanic	843	49%
Non-Hispanic	300	17%
Not Selected	582	34%
<b>Total Individual Clients</b>	1,725	100%

# Passing the Hammer



The Free Clinic's longstanding tradition of "Passing the Hammer" continued. Thank you to Dr. Govil for her service as Attending Physician from Kaiser Permanente for the past year.

Dr. Govil (left) proudly "passed the hammer" on to incoming Attending Physician Dr. Kar (right). The role of the Attending Physician is to supervise third year students from the Kaiser Permanente Woodland Hills Family Practice Residency Program.

The Free Clinic has served as a training facility for resident physicians from the Kaiser Permanente Woodland Hills Family Practice Residency Program since 2007, with 72 resident physicians participating and completing the training.

# New Ophthalmology Program Launched



In 2021, the Free Clinic launched a new ophthalmology program. Thanks to Dr. David Karlin for volunteering his time and serving as the Director of Ophthalmology Services. Patient services include diagnosis and treatment of eye disorders, prescriptions, and eye glass fittings.

## Friends of the Free Clinic

#### \$20,000+

Amgen Foundation
City of Simi Valley
Delta Dental Community Care
Foundation
Glenn R. Freethy Estate
Livingston Memorial Foundation
State of California

#### \$10,000 - \$19,999

County of Ventura
Gary & Joanne Seaton
Gerald & Eva Sue Renyer
Southern CA Permanente
Medical Group
Swift Memorial Healthcare Foundation

Swift Memorial Healthcare Foundation
The Wilson Family Foundation

#### \$5,000 - \$9,999

Adventist Health Simi Valley Americares Foundation Betsy & Vince Dulcich Geri A. Gaines John & Karen Lindsey Mid Valley Properties Sharon R. Austel Susan Klinedinst William & Sherri Brown XYPRO Technology Corp.

#### \$1,000 - \$4,999

Fred Thomas

AirWorks Solutions Allan & Antoinette Mann AllerClean Pest Control Services Annette B. Haag Bank of the Sierra Bennett F. Witeby Insurance Inc. Bernice Wasserman Blair S. Lonergan Bruce J. Adams & Sylvia Fowler, MD Carol & Michael P. Fischer, CPA Cathy & Dan Gesell Conrad N. Hilton Foundation Curt & Theresa Witeby Debbie & Kelly Ciulla Dennis G. Harvey Dennis L. Barbee Donald & Lois Hoffman Dwight & Karen Thompson Fred Bauermeister & Rebecca Merrell

Golden State Water Company Harry & Marilyn VanDyck Jamee & Daniel Ball Jonathan Kurohara, MD & Lisa Oki, MD Joseph H. Brindley Kaiser Foundation Health Plan Inc. Leigh & Karen Seaton Lindsey & Lindsey Wealth Management Inc. Mane' & Daniel Berbel Margaret "Maggie" Kestly & Joe Grinstead Mark & Julie Leekley Medtronics Foundation Corporate Montecito Bank & Trust Paul & Connie Miller Paul & Noreen Kovelman Paulina & Vincent Vlasic Ron Hyrchuk Rotary Club of Simi Sunset Simi Valley Elks Lodge #2492 Simi Valley Ford Simi Valley Women's Club South Coast Paving, Inc. Stephanie & Fritz Lauer Suzanne Assadollahzadeh Tessa Stecker, MD The Dardin Fund Timothy & Anneke Meicher Timothy & Kimberly Gray

Gary & Alice Smith

Global Power Products

#### In-Kind Gifts Over \$1,000

Ventura Orthopedics

Vincent Kieffer Walmart

United Methodist Church, Simi Valley

Adventist Health Simi Valley
City Auto Body Automotive
County of Ventura
CSMC Management, Inc.
Dole Food Company, Inc.
Direct Relief
Finmark Carpet One
J David Karlin, MD
Michael P. Fischer, CPA
Nicolette A. Muñoz Consulting
99.1 The Ranch
Simi Valley Y's Men's Club



#### **Our Services**

#### Medical

Children's Immunization
Program
Chiropractic Care
Community Flu Shot Clinics
Licensed Pharmacy
Medical Education
Pharmacist Ambulatory Care
Program
Physical Therapy
Primary Medical Services

#### Dental

Examinations
Fillings
Fluoride treatment for
Children 0-5
Partial & Full Dentures
Root Canals
Simple Extractions
Teeth Cleaning
X-Rays

# Ophthalmology

Diagnosis & Treatment for Eye Disorders Prescriptions & Fittings for Eyeglasses

## Counseling

Counseling is provided in the following areas: Depression & Anxiety Family Communication Healthy Relationships Play Therapy for Children Trauma Recovery

## Legal

Legal Counsel is provided in the following areas: Bankruptcy Family Law Individual Rights Landlord/Tenant Disputes

### **Our Mission**

To provide medical care, counseling, dental and legal assistance to individuals and families in need, regardless of their ability to pay.

# Statement of Financial Activities

Revenue		
Patient Donations	\$	110,894
General Donations	\$	129,642
Fundraisers	\$	86,562
Grants	\$	175,666
Multi Services Center Income	\$	197,020
Interest	\$	663
Total	\$	700,447
Expenses		
Services	\$	187,741
Occupancy Expenses	\$	40,320
		52,418
Professional Expenses	\$	
	\$	18,553
Professional Expenses		
Professional Expenses Fundraising Expenses	\$	18,553
Professional Expenses Fundraising Expenses Insurance	\$	18,553 7,877
Professional Expenses Fundraising Expenses Insurance Administration Digital Medical Records	\$ \$	18,553 7,877 72,332
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# Free Clinic of Simi Valley

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