



**FREE CLINIC
of SIMI VALLEY**

**Medical Care
Dental Services
Family Counseling
Legal Assistance
Ophthalmology**



The Free Clinic of Simi Valley has been providing services since March 1, 1971. The Free Clinic is funded through a combination of private grants and donations, local service clubs, and patient contributions. Each year the Free Clinic provides approximately \$750,000 in services to the community.

Mission Statement

The mission of the Free Clinic of Simi Valley is to provide medical care, dental services, counseling, and legal assistance to individuals and families in need, regardless of their ability to pay.

How You Can Help

- **Volunteer**

Local physicians, nurses, medical assistants, dentists, dental assistants, attorneys, paralegals, and marriage and family therapists, donate their valuable time to provide services.

Contribute Goods & Services

Donate office supplies, postage, cleaning services, printing, and other items or services.

- **Help Fundraise**

Help by volunteering at fundraising events.

- **Donate**

Make a direct financial contribution.

- **Pledge**

Commit to supporting the Free Clinic with a minimum contribution of \$1,000 over the course of a year and join the

Friends of the Free Clinic.



The Free Clinic of Simi Valley
*"People from our community,
helping people in our community."*

Medical Services

Volunteer physicians, nurse practitioners, nurses, and physician assistants provide direct diagnosis, treatment, and education, for a wide variety of medical problems.

- Primary Medical Services
- Pharmacist Ambulatory Care Program
- Children's Immunization Program
- Chiropractic Care
- Medical Education
- Community Flu Shot Clinics
- Licensed Pharmacy
- Physical Therapy

Additionally, the clinic performs minor surgery for the removal of ingrown toenails, warts, and cysts.



Dental Services

Volunteer dentists, dental hygienists, and dental assistants provide direct diagnosis, treatment, and education for a wide variety of dental problems.

Examinations • X-Rays • Simple Extractions • Fillings
Root Canals on Pre-molars • Partial & Full Dentures
Teeth Cleaning • Fluoride treatment for Children 0-5



Family Counseling

Individuals and families spend one hour per week in a private, confidential setting receiving careful guidance and caring support from a trained counselor. Counselors are trained in providing clients with the skills necessary to deal with stress, depression, and communication. The average course of therapy ranges from six weeks to six months.

Family Communication • Depression & Anxiety
Trauma Recovery • Play Therapy for Children

Legal Assistance

Volunteer attorneys and paralegals offer information, instruction, and assistance in the complex area of law. Individual appointments are typically 15 minutes in length, but can range up to an hour. Clients are offered information needed to protect their family, property, or individual rights. A client has usually completed the need for assistance after only one or two sessions.

Family Law • Landlord/Tenant Disputes
Individual Rights • Bankruptcy



Ophthalmology Services

The Free Clinic also offers ophthalmology services for the diagnosis and treatment of eye disorders and prescribes and fits eyeglasses.

All services of the Free Clinic are provided on an appointment basis. Please call (805) 522-3733 to schedule an appointment.
A donation of \$40 is requested per visit for all Clinic services.



Senior Free Clinic Staff

Fred W. Bauermeister
Executive Director

Venezia Garcia
Administrator

Olga Lafflito, RDA
Dental Clinic Administrator

Ean Kleiger, DDS
Director of Dental Services

Tracey Young, MD
Director of Medical Services

Mary Ann Lovegren, MFT
Director of Counseling Services

Ronald Whiteman, Esq.
Director of Legal Services



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