



Free Clinic of Simi Valley 2016 Annual Report

2016 Report from Executive Director, Fred Bauermeister

When I reflect on the 45 years the Free Clinic of Simi Valley has been serving the community, I think about the time passed in terms of generations — groups of people that worked together in the unified purpose of helping people in need. The make-up of the volunteers has changed over time, as is true for the people we've served. Back in the 70's it was primarily teenagers. Teenagers were our patients and teenagers were the volunteers. Over time our patients included young adults and some older adults, and the staff aged a little as well. We began to see people with more complicated medical problems and the staff needed to be more sophisticated.

Today, our patients are older and in greater need of care. In 2016 patient visits for those 45 & Over grew a whopping 53%. Our current volunteers range in age from high schoolers, like those that come from Simi Valley High School's Health Occupation Students of America Program, to retirees such as Dr. Shilling and Dr. Kashinski. These different generations of volunteers wouldn't necessarily know each other outside of the Clinic, but they come together in this setting with a common goal — a commitment to helping others in need. That commitment has been greatly appreciated by the community, as much or more so now than in years past.

On the cover of this year's Annual Report is a tree filled with thumbprints of some of the people that make the Free Clinic possible: people from service clubs like Rotary and Kiwanis, people from our partners like Adventist Health and Kaiser Permanente, our many volunteers from all four of our services as well as our Board of Directors, and some of our funders like Swift Memorial Foundation. If everyone who has supported the Clinic were able to contribute a thumbprint, we would need a much larger tree!

After 45 years of continuous service our roots run deep into the community and our services have touched countless people. Our "branches" continue to reach out, including the Senior Center where our volunteer therapists run group counseling services, into assisted living facilities, where our dental hygienist treats the home bound. Our mission to serve the underserved remains unchanged, and we continue to grow and evolve to meet the ever-increasing needs around us. We look forward with excitement to the what the next 45 years will bring!



ABOUT THE COVER —The Giving Tree illustration was presented by students in Dr. Regan Schaffer's 2015 Spring Service Leadership course at Pepperdine in honor of the Free Clinic's 45th Anniversary. Students Kelly Corso, Kendall Rowden, Calvin Chiang and Mina Matsumoto encouraged all who give to and support the Clinic to add their thumbprint to the tree. You'll see some of those thumbprints through out the report. Additionally, the Free Clinic has a beautiful piece of art for its future home.

Free Clinic Staff

Fred Bauermeister
Executive Director

Lupita Gonzalez
Administrator

Olga Laffitto
Dental Clinic Administrator

Sucharitha Aedma
Erica Vargas
Dental Assistants

Jonathan Kurohara, MD
Director of Medical Services

Ean Kleiger, DDS
Director of Dental Services

Kristy Schadt, MFT
Director of Counseling Services

Ronald Whiteman, Esq.
Director of Legal Services

Board of Directors

Ron Hyrchuk, MDiv
President

Maggie Kestly
Past President

Kurt Fredrickson, DMin
Vice President

Curt Witeby
Secretary

John Lindsey, CFP
Treasurer

Mane' Berbel

Vincent Dulcich

Don Erickson, Esq.

Kelly Ann Gaines

Jill Haney

Don Sturt

Harry VanDyck, CPA

Polly Vlasic, RN

Phyllis Wilson, MFT

Tracey Young, MD

2016 Highlights

Through the efforts of over 160 volunteers, the Free Clinic had over 14,700 client contacts with almost 4,000 people in 2016. The Clinic remains extremely efficient, delivering these increased services at a cost of \$25.68 per contact.

In 2016, medical, dental, counseling and legal professionals generously donated almost 4,500 hours of service that is equivalent to \$664,224.



Other Highlights:

- On March 1st, the Free Clinic celebrated its 45th Anniversary of providing service to the community of Simi Valley.
- Non-profit art education organization, Art Trek, Inc., hosted a fundraiser for the Free Clinic generating a \$3,000 donation. The event proved to be a very fun outing for staff, volunteers and supporters.



- In April, Kieu Hoang of RAAS Nutritionals and Miss World 2015 Mireia Lalaguna Royo visited the Free Clinic and with representatives of the Kiwanis Club and generously donated \$20,000.



- In June, the Clinic celebrated the graduation of 2015/2016 Kaiser Permanente Family Resident Physicians: Abe Malkin, Jasmine Mosely, Mark Novak, Yogi Pate, Tung Tran and Heather Washington. Since 2007, over 53 physicians have received training at the Free Clinic through this program.

- Also, in June, the Clinic celebrated the graduation of four Ambulatory Care Pharmacy residents: Joel Christian, Liliana Sherman, Carrie Wong and Jessica Wu. To date there have been 25 Ambulatory Pharmacists certified through the training program in partnership with Kaiser Permanente.
- Margaret Seawell and Erin Wharton became licensed Marriage and Family Therapists. To date 53 Clinic interns have become licensed Marriage and Family Therapists.



- Dr. Tracey Young participated in the Simi Valley Library's "Eat, Play, Learn" program teaching young children the benefits of eating nutritional food and exercising through play.



- Attending Physician Dr. Tracey Young, handed over the ceremonial hammer to Dr. Heather Washington, the new Attending Physician for 2016-2017.



- Kaiser Permanente and the Free Clinic agreed to extend their training relationship for an additional three years.
- The California Wellness Foundation provided a grant to provide an in-home senior dental program.



- On October 15th, the Free Clinic, in partnership with Simi Valley Hospital, hosted its 6th Annual Tooth Fairy 5K /10K Run & Community Health Expo. The event was a smashing success with over 1,000 attendees, over 350 runners, and over 30 health and fitness vendors. The event provided net proceeds of over \$25,000 to fund the Clinic's programs.



- Jill Haney, a local banking executive, joined the Free Clinic Board of Directors.
- Supervisor Peter Foy presented an option to rent the Simi Valley Multi-Services Center, the future home of the Free Clinic.



- With a gift from the Rotary Club of Simi Valley, the Free Clinic received a digital X-Ray network for its dental services. The system allows dentists to more quickly assess patients, and allows the Clinic to no longer use toxic chemicals to develop X-rays.



Friends of the Free Clinic

(as of December 2016)

\$20,000+

California Wellness Foundation



\$10,000-\$24,999

Delta Dental Community Care Foundation

Livingston Memorial Foundation

RAAS Nutritionals, LLC

Rotary Club-Simi Sunrise

Simi Valley Hospital

Wilson Family Foundation



\$5,000-\$9,999

Kaiser Permanente Foundation Health Plan

Mass Media Games, Inc.

Mid Valley Properties

Union Bank



\$1,000-\$4,999

AllerClean Pest Control Services

Art Trek, Inc.

Fred Bauermeister & Becca Merrell

Mané & Daniel Berbel

City of Simi Valley

Kelly & Debbie Ciulla

Culpepper Williams, LLC

Vince & Betsy Dulcich

Evangelical Covenant Church of Simi Valley

Kurt & Kristi Fredrickson

Kelly & Darin Gaines

Eddy & Catherine Hartenstein

Don & Lois Hoffman

Kiwanis Club of Simi Valley

Stephanie & Fritz Lauer

Mark & Julie Leekley

John C. & Karen Lindsey

Lindsey & Lindsey Wealth Management

Blair Lonergan

Timothy & Anneke Meicher

Milgard Windows & Doors

Mount Sinai Memorial Parks & Mortuaries

Nicolette & Anthony Muñoz

William Parks

Regal Medical Group

Renyer Family Trust

Rotary Club of Simi Sunset

Rotary Club of Simi Valley

Gary & Alice Smith

Stater Bros. Markets

UCLA Health

United Methodist Church

Harry & Marilyn VanDyck

Ventura County Dental Hygienists Association

Polly & Vincent Vlasic

Phyllis & Chas Wilson

Curt & Theresa Witeby

In-Kind Gifts Over \$1,000

Michael P. Fischer, CPA

Kaiser Permanente

Simi Valley Hospital

Simi Valley Unified School District



Service Statistics

<u>VISIT TYPE</u>	<u>CONTACTS</u>	
MEDICAL	8,861	60.2%
COUNSELING	1,779	12.1%
DENTAL	4,007	27.2%
LEGAL	75	0.5%
TOTAL	14,722	100.0%
TOTAL CLIENTS	3,828	

<u>GENDER</u>	<u>CLIENTS</u>	
MALE	1,753	45.8%
FEMALE	2,075	54.2%
TOTAL CLIENTS	3,828	100.0%

<u>POVERTY LEVEL*</u>	<u>CLIENTS</u>	
Under 100%	2,756	72.0%
100-138%	715	18.7%
139-200%	357	9.3%
201-400%	0	0.0%
Unknown	0	0.0%
TOTAL CLIENTS	3,828	100.0%

*Family of 4 HHI of: \$24,600

<u>LANGUAGE</u>	<u>CLIENTS</u>	
ENGLISH	1,837	48.0%
NON-ENGLISH	1,991	52.0%
TOTAL CLIENTS	3,828	100.0%

Primary Non-English Language is Spanish

<u>AGES</u>	<u>CLIENTS</u>	
<1 YEAR	15	0.4%
1-4 YEARS	62	1.6%
5-12 YEARS	122	3.2%
13-14 YEARS	46	1.2%
15-19 YEARS	61	1.6%
20-34 YEARS	555	14.5%
35-44 YEARS	608	15.9%
45-64 YEARS	1,746	45.6%
65 & OVER	613	16.0%
TOTAL CLIENTS	3,828	100.0%

<u>RACE</u>	<u>CLIENTS</u>	
WHITE (INCLUDE HISPANIC)	3,189	83.3%
BLACK	76	2.0%
NATIVE AMERICAN/ALASKAN NATIVE	12	0.3%
ASIAN/PACIFIC ISLANDER	225	5.9%
MORE THAN ONE RACE	0	0.0%
OTHER/UNKNOWN	326	8.5%
TOTAL CLIENTS	3,828	100.0%



<u>ETHNICITY</u>	<u>CLIENTS</u>	
HISPANIC	1,872	48.9%
NON-HISPANIC	1,569	41.0%
UNKNOWN	387	10.1%
TOTAL CLIENTS	3,828	100.0%



Our Services

MEDICAL

- Primary Medical Services
- Pharmacist Ambulatory Care Program
- Children's Immunization Program
- Family Smoking Cessation Program
- Chiropractic Care
- Medical Education
- Acupuncture
- TB Skin Tests
- Community Flu Shot Clinics
- Licensed Pharmacy

DENTAL

- Examinations
- X-Rays
- Simple Extractions
- Fillings
- Partial and Full Dentures
- Teeth Cleaning
- Fluoride treatment for Children 0-5

COUNSELING

Counseling in the areas including:

- Family Communication
- Depression & Anxiety
- Healthy Relationships
- Play Therapy for Children

LEGAL

Legal counsel in areas including:

- Family Law
- Landlord/Tenant Disputes
- Individual Rights
- Bankruptcy

Mission

The mission of the Free Clinic of Simi Valley is to provide medical care, counseling, dental and legal assistance to individuals and families in need, regardless of their ability to pay.

Statement of Financial Activities

Revenue

Patient Donations	\$120,701
General Donations	\$117,619
Fundraisers	\$43,094
Grants	\$287,491
Misc. Income	\$597
TOTAL	\$569,502

Expenses

Services	\$182,803
Rent Expenses	\$25,843
Professional Fees	\$53,820
Fundraising Expenses	\$18,858
Insurance	\$11,861
Medical & Dental Clinic Expenses	\$17,391
Administration	\$42,930
Credit Card Fees	\$1,635
Digital Medical Records	\$3,720
Marketing / Advertising	\$1,267
Taxes	\$17,826
Misc.	\$0
TOTAL	\$378,054

FREE CLINIC OF SIMI VALLEY

(805) 522-3733 | Fax: (805) 522-9576
2060 Tapo Street, Simi Valley, CA 93063
www.FreeClinicSV.com



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@FreeClinicSimi



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